



# KEY NOTES

## Join A Flute Choir!!



The Adult and Youth flute choirs will be starting their 2010-2011 season on Sunday, September 12th. The youth flute choir rehearses on Sundays from 5pm-6pm and is open to any flutist who is in middle school or high school. The adult flute choir rehearses on Sundays from 6:30pm-8:00 p.m. and is open to adult flutists of all levels. The location for these rehearsals is T.B.A. If you would like more information, contact Kim Hollander at [k.hollander@charter.net](mailto:k.hollander@charter.net) for the adult flute choir or Kristi Benedick at [kristi7997@yahoo.com](mailto:kristi7997@yahoo.com) for the youth flute choir. We look forward to seeing you September 12th!

## Upcoming Events

**9.12.10:** Flute Choir Rehearsals, 5p.m. and 6:30p.m., Location T.B.A

**10.22.10:** Chevy's Fund-raiser, all day. 9119 Olive Blvd.

**10.24.10:** Flute Choirs Concert, 7:00p.m., Location T.B.A.

**T.B.A.: Duos Concert**

## Current Board Members and Officers

### President:

Shelly Monier | [smonier@yahoo.com](mailto:smonier@yahoo.com)

### Vice President/ Youth Flute Choir Director :

Kristi Benedick | [kristi7997@yahoo.com](mailto:kristi7997@yahoo.com)

### Secretary/Adult Flute Choir Director:

Kim Hollander | [k.hollander@charter.net](mailto:k.hollander@charter.net)

### Treasurer:

Colleen Donohue | [attycmd@aol.com](mailto:attycmd@aol.com)

### Web Administrator:

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### Member:

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Wendy Hymes | [info@wendyhymes.com](mailto:info@wendyhymes.com)

### Newsletter Editor:

Kristi Benedick | [kristi7997@yahoo.com](mailto:kristi7997@yahoo.com)

# Message from the President:

Hello Flutists, I hope everyone is having an amazing summer. Sadly, it is coming to an end in the near future. I am happy to announce that our 2009-2010 season was one of the most successful seasons we have had in years! We were able to present a wide variety of events and hope to do so again next season. My personal favorite event hosted this past season was the Ian Clarke master class and concert. I am happy to announce that each event had almost 80 audience members in attendance, which I believe may be a record for us. So, thank you to everyone who came to show their support! Some of the other personal favorites of mine include the Duos Concert-I can't believe how many members were so excited to perform flute duets!, the members concert-I love hearing how talented our membership is!, and trivia night-I had never been to one before and didn't realize how much fun it was going to be! I am so grateful that all of the events hosted last season were well received and attended. My appreciation



goes out to all of the board members as the season would not have been a success without their volunteered help, time, talent, and resources. Our members should be pleased with the board as they are extremely dedicated in making FSSL a success! I am so proud to be a part of such a strong and supported organization!

## Don't forget to renew your membership!

If you haven't renewed your membership, now is the time to do it. A season discount is offered if you renew by October. See the membership form at the end of this issue of Key Notes for more information. You don't want to miss out on our season!

2010-2011



## Recent News:

-Officer/Board Elections: The results of the elections that were held in May are: Kristi Benedick has been elected Vice-President and Katie Smyth has been elected as a board member. Congratulations!

-Quilt Raffle Winner: Donna Vicini won our quilt raffle! Congratulations!

-The Ian Clarke master class and recital in May was the most attended event we've ever had. There were about 80 attendees at each event. Thank You for your support!

-Even though we didn't sell all of our tickets, the Cardinals game was a blast! Everyone had a great time and the flute choirs sounded great! Thanks to all who participated in the event and sold tickets!

-The board is working on organizing a Spring trivia night cosponsored with the St. Louis Guitar Society.

# Member Spotlight: Lindsey Dyer

**-Why did you choose to play the flute?**

I started band in 6th grade. And my choices were flute, saxophone, or percussion. My mom's cousin had caught wind that I was thinking about playing the flute, so she gave me her old one.... it was a Bundy..... So, I guess you could say I felt obligated to play it, especially since my parents were on a tight budget.

**-Do you have any career highlights you would like to share and/or what is your most notable or personally satisfying accomplishment?**

The moment I first knew that playing music would always be apart of me was when I went to my first audition in 8th grade for All-District Junior High. And I MADE FIRST CHAIR!!! That was a big deal to me, considering that I thought there would be no way on this earth I could ever achieve something like that. But I did, and my family was so incredibly proud (and surprised!!!) by me!

Over time, I achieved more than I would have imagined. But I have to say my most memorable was when I won the 2008-09 SIUE Orchestra Concerto Competition with Griffes "Poem". I was completely floored when I heard I was one of the winners, since it is a competition between musicians in the SIUE music department, undergrads and grads! The semester I had to perform the solo proved to be a bit of an obstacle course, with teachers and a senior recital coming up. But it was all worth it!

**-Do you have a favorite practice routine? Can you describe it?**

I'm a big fan of tone exercises, but the standard Moyse tone exercises are certainly not my favorite. In Trevor Wye's "Complete Daily Exercises", Section 1, I find that is time to achieve your best, most expressive sound with just short 8 or so measure orchestral excerpts given through the section. I will typically vary the dynamics, tempo, and speed of vibrato. Also, I secretly enjoy High Note Torture. Basically, take all notes from high F and up, and play different intervals back and forth, starting with quarters then going to eighths. It's sort of a love-hate relationship....

**-Describe any other interests or hobbies you have.**

I love the outdoors, so I enjoy hikes, camping, river float trips. I also enjoy spending time with my friends and with my fiance, Brad. I also like to cook and shop.

**-Who are your favorite composers?**

Brahms, Gaubert, Debussy, Tchaikovsky.

**-What is your favorite style of music to listen to? To perform?**

I usually listen to pop music, just whatever is on the radio. As far as performing, my favorite style is romantic and 20th century music.

**-Do you have any advice for aspiring flutists?**

If you ever find yourself getting frustrated during a practice session, take a moment to play something you truly enjoy to remind you why you love the flute.



**-Who do you consider your most influential teachers?**

I have a few. Mr. Cowan was my high school band director. Without him pushing me to participate in all things music, I probably wouldn't be where I am. Next was my very first teacher, Jan Smith. She has a special place in my flute career. I'll never forget my first lesson. It was my first semester of college, and I walked into my lesson, doing the usual greetings. I took out my good ole' Bundy, and she looked at it and said "What is that?" She sort of served as my "reality check", since I was moving from a small town to a big city. Finally, my current teacher, Shelly Monier, has been a great mentor in the last year and a half. She has helped in building my confidence as a player, and she continues to push me to challenging abilities.

**-Describe your musical background.**

I attended Sikeston Senior High School in Sikeston, MO. I was in band (marching and concert) and choir. I participated in numerous competitions, contests, and musicals (singing). I then attended St. Louis Community College Meramec. I started out as a vocal major, but then switched to flute my second semester. I participated in the Meramec Concert Choir and the Symphonic Band. I graduated from STLCC in May of 2006 with an Associate of Arts.

I transferred to Southern Illinois University Edwardsville with the Provost Scholarship. I participated in the SIUE Wind Symphony, Orchestra, Concert Choir, Madrigals, and Woodwind Quintet. I student taught in Fall 09 at O'Fallon Township School District, elementary and high school. I received my Bachelor's of Music in music education and performance.

In January of 2010, I auditioned for the Missouri Air National Guard Concert Band, and made it into the band. I leave for Basic Military Training in San Antonio, TX at the Lackland Air Force Base August 11, 2010, and will graduate October 8, 2010. I will continue to be stationed in St. Louis to rehearse and perform with the band.

# Member Achievements:



*If you have honors and awards that you would like acknowledged in this newsletter please e-mail them to [kristi7997@yahoo.com](mailto:kristi7997@yahoo.com)*

Congratulations to Nicolas Schmidt, Rebekah Watkins, Paula Bernhardt, and Kelsey Rhoades for winning the Ian Clarke Master Class Competition.

Congratulations to Ashley Alarcon and Virginia Backman for winning alternate positions in the Ian Clarke Master Class.

Congratulations to Lindsey Dyer for winning a spot in the Missouri Air National Guard Concert Band.

Congratulations to Rebekah Watkins Krista Milan for receiving a music scholarship to attend SIUE this fall.

## Saint Louis Area Teachers:

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*If you are a current Flute Society of Saint Louis member and would like to be listed as a teacher in this newsletter, please contact Kristi Benedick at [kristi7997@yahoo.com](mailto:kristi7997@yahoo.com).*

# Photo Gallery:



Kelsey Rhodes performs for Ian Clarke



U of N-Omaha and FSSL combined flute choirs perform Ian Clarke's *Within..*



Shelly Monier and Ian Clarke perform *Maya*



Nicholas Schmidt performs for Ian Clarke



Rebekah Watkins performs for Ian Clarke



Paula Bernhardt performs for Ian Clarke



Amy Atchisson performs at the Members' Concert



Katie Smyth performs at the Members' Concert



Kristi Benedick performs at the Member's Concert



Cara McKinley performs at the Member's Concert



Flute Choir Members on the Jumbo Tron



Flute Choir Members playing at the Cardinals Game



Flute Choir Members on the Jumbo Tron



Flute Choir Members on the Jumbo Tron

## Please Support Our Sponsors:

### Flute Specialists, Inc.

606 S. Rochester Rd.  
Clawson, MI 48017  
248-589-9346

[info@flutespecialists.com](mailto:info@flutespecialists.com)  
[www.flutespecialists.com](http://www.flutespecialists.com)

### DONATIONS WELCOME!

FSSL strives to bring high quality and interesting programming to St Louis to benefit the community. As a not-for-profit organization, the expense of providing our programming is always a concern. We rely heavily upon membership fees and donations so that we can continue to bring this caliber of programming to you. Please note that FSSL is a 501(c)(3) organization, and donations that you make will be tax deductible (please consult your tax advisor if you have any questions). We thank you for your support, as your contributions will continue to keep FSSL financially healthy and a strong organization!

### Flute World Company

29920 Orchard Lake Rd.  
Farmington Hills, MI 48334  
(248)855-0410  
[flutes@fluteworld.com](mailto:flutes@fluteworld.com)  
[www.fluteworld.com](http://www.fluteworld.com)

Chevys Fund-raiser Flyers: Come out to the Chevys at 9119 Olive Blvd. on Oct. 22, 2010 for our Chevys fund-raiser night. Print and distribute these fliers to your friends and family to raise money for FSSL!



## Please Join Chevys At Our Fundraising Event For

### The Flute Society of Saint Louis

Invite all of your friends and family to dine with us and Chevys will donate 15% of the proceeds to our fundraising partner!

DATE: October 22, 2010 TIME: 11:00 A.M.- Close

ADDRESS: 9119 Olive Blvd  
St Louis, MO, 63132

*It's just our way of giving back to the community!*



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# Flute Society Membership Form

## September 1, 2010 - August 31, 2011

*Please Print Clearly*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_

Do You Give Lessons? \_\_\_\_\_

### Please Circle all that apply:

New Member

Renewal

New Address

### Flute Society Dues: (Please Check One)

Regular Member \$25.00 \_\_\_\_\_

Regular Member Early Renewal (Before Oct. 1, 2010) \$20.00 \_\_\_\_\_

Student \$12.50 \_\_\_\_\_ Please list school \_\_\_\_\_

Student Early Renewal (Before Oct. 1, 2010) \$10.00 \_\_\_\_\_

Patron \$50.00 \_\_\_\_\_ Lifetime Member \$500.00 \_\_\_\_\_

### Interests: (check all that apply)

Playing in Youth Flute Choir \_\_\_\_\_ Playing in Adult Flute Choir \_\_\_\_\_

Helping with Events \_\_\_\_\_ Performing in our Concerts \_\_\_\_\_

Playing informally with other flutists \_\_\_\_\_

Tax Deductible Donation \$\_\_\_\_\_

### Favorite Events: (check all that apply)

Concerts \_\_\_\_\_ Lectures \_\_\_\_\_ Master classes \_\_\_\_\_

Competitions \_\_\_\_\_ Other (please specify): \_\_\_\_\_

Total Amount Enclosed: \$\_\_\_\_\_

*Mail and Make Checks Payable to:*

Flute Society of Saint Louis  
10140 Pebble Beach Dr.  
Saint Louis, MO 63114

