



Join a Flute Choir !



The FSSL Adult and Youth Flute choirs rehearse on Sunday nights at Union United Methodist Church on 3543 Watson Rd. The adults rehearse at 6:30pm. and the Youth at 5:00pm. Both groups are open to flutists of all abilities, however the youth flute choir is only open to flutists of high school age or younger. If you are interested in joining, contact Paula Bernhardt paulab08@yahoo.com for the Adult Choir and Kristi Benedick kristi7997@yahoo.com for the Youth Choir or just show up to a rehearsal! We are looking forward to a great year of spectacular performances!

Upcoming Events

10.4.11: Paula Bernhardt Recital, "To France and Back... in an hour or so...", 7:00 p.m., Thompson Recital hall, Webster University

10.29.11: Chamber Concert, featuring members of FSSL, 2:00p.m., Kirkwood United Church of Christ, 1603 Dougherty Ferry Rd.

11.6.11: Flute Choir Concert, 7:00pm, Union United Methodist Church, 3543 Watson Rd

5.19.12: Flute Day, featuring flutist, Dr. John McMurtry, SIUE

6.9.12: Member's Concert, 10:30 a.m., Steinway Piano Gallery, 12033 Dorsett Rd.

Current Board Members and Officers

President:

Shelly Monier | slmonier@yahoo.com

Vice President/ Youth Flute Choir Director/Newsletter Editor:

Kristi Benedick | kristi7997@yahoo.com

Secretary:

Lindsey Walworth|flutie04@yahoo.com

Treasurer:

Colleen Donohue | attycmd@aol.com

Member/Adult Flute Choir Director:

Paula Bernhardt | paulab08@yahoo.com

Member:

David Nischwitz| dnisch@yahoo.com

Member/Webmaster:

Leah Ross| leross@siue.edu

Member:

Wendy Hymes | info@wendyhymes.com

Recent News:

--Renew your membership!: Membership renewal forms are now available both on the website and in this newsletter. We have some exciting events in the works for this season, you won't want to miss out so renew now! The deadline for the early registration discount is Oct. 31, 2011.

--New Board Members!: The Flute Society of Saint Louis is happy to welcome several new board members for the 2011-2012 season. Lindsey Walworth is joining us as Secertary, Paula Bernhardt is joining us as a board member and as the new Adult Flute Choir Director, David Nischwitz is joining us as a board member, and Leah Ross is joining us as a board member and webmaster. We are happy to have all of you and we look forward to working with you!

--Trivia Night Wrap-up: As many of you know, the FSSL hosted our second annual trivia night on Saturday, April 30th, 2011 at Clayton High School. The event was co-sponsored by the Saint Louis Classical Guitar Society. In addition to the main trivia game, the event featured a silent auction, 50/50 drawing, heads or tails game, and performances by the FSSL Adult Flute Choir and the SLCGS's Guitar Orchestra. The event was a huge success and a lot of fun! We would like to thank everyone involved in planning and running the event! Plans are in the works for our third annual trivia night in 2012, if you have any suggestions for the event or if you would like to help in planning or running the event, please send us an email at flutesocietyofsaintlouis@gmail.com.

--Fall Chamber Concert: The FSSL will be hosting a fall chamber concert this year on October 29th, at 2:00p.m., at the Kirkwood United Church of Christ on 1603 Dougherty Ferry Rd. All members are invited and encouraged to perform any chamber piece that involves the flute. Mixed instrumentation groups involving other wodwind instruments or strings and flute are welcome as well as are flute duos, trios, quartets, etc. Contact Shelly Monier at smonier@yahoo.com if you would like to play.

Special St. Louis Symphony Orchestra Ticket Offer for FSSL Members

2 for 1 Tickets to Hear Daphnis and Chloe with the STL Symphony

FSSL members can purchase two tickets for the price of one to hear Ravel's great orchestral masterpiece.* This work prominently features the flute, piccolo and alto flute - it is not to be missed! Call the Symphony box office at 314-534-1700 and mention that you are a flute society member to receive this special discount.

**Friday, November 4, 8:00 pm
Saturday, November 5, 8:00 pm**

**Stéphane Denève, conductor
Eric Le Sage, piano
St. Louis Symphony Chorus
Amy Kaiser, director**



SCHUMANN	Excerpts from Carnaval (orch. Ravel)
SCHUMANN	Piano Concerto
RAVEL	Daphnis and Chloe

***Box Seating Excluded**

Message from the President:

Greetings Flutists! I hope that you are all enjoying the end of the summer and preparing for the cooler weather ahead. This is an exciting time for us as plans are well underway to deliver an exciting season. I hope you will engage with the Flute Society, attend the events, and continue to show your support for the organization. I am looking forward to working with a capable and dedicated board ready to continue bringing our members and the surrounding areas of St. Louis thrilling and enriching flute events for flutists of all ages.

Events currently being planned for this season include a chamber concert which will welcome a wide variety of chamber music for flutes or other instruments and Flute Choir concerts that will introduce the new Adult Flute Choir director, Paula Bernhardt. Also, since we had such a huge success with our trivia event last April, the board anticipates a 3rd Annual Trivia Night. We will keep you posted for the date and further information through our website. The Flute Society is also proud to announce that we will be hosting a Flute Day on Saturday, May 19 with guest artist Dr. John McMurtry, principal flute of the New York City Opera. Further details will be posted on our website soon! And, of course, we will close the season with the annual Members' Concert on Saturday, June 9, 2012.



If you are interested in becoming more involved with the Flute Society by volunteering at certain events or helping with specific tasks such as mailings or competitions, please contact a board member. We would love to hear from you!

Sincerely,
Shelly Monier, FSSL President

Please Support Our Sponsors:

Flute Specialists, Inc.

606 S. Rochester Rd.
Clawson, MI 48017
248-589-9346
info@flutespecialists.com
www.flutespecialists.com

DONATIONS WELCOME!

FSSL strives to bring high quality and interesting programming to St Louis to benefit the community. As a not-for-profit organization, the expense of providing our programming is always a concern. We rely heavily upon membership fees and donations so that we can continue to bring this caliber of programming to you. Please note that FSSL is a 501(c)(3) organization, and donations that you make will be tax deductible (please consult your tax advisor if you have any questions). We thank you for your support, as your contributions will continue to keep FSSL financially healthy and a strong organization!

Flute World Company

29920 Orchard Lake Rd.
Farmington Hills, MI 48334
(248)855-0410
flutes@fluteworld.com
www.fluteworld.com

Member Spotlight: Paula Bernhardt

FSSL is pleased to welcome Paula Bernhardt as our new Adult Flute Choir director this year. We are also pleased to spotlight her in this issue of *Keynotes*.

Why did you choose to play the flute?

I went to a Wichita Symphony young people's concert when I was in third grade and they played Peter and the Wolf. I told my friend Shonna that I was going to play that someday. She said, "Play what?" I looked at her in surprise and said, "Well, flute, of course." Even before that, there was never really anything else.

When did you begin playing the flute?

I began playing in fifth grade, in 1971, when I was 10. My parents bought me a better flute in 1974 and I played that flute until 2007. It's now in Honduras being enjoyed by a young person there.

Do you have any musical highlights you would like to share and/or what is your most notable or personally satisfying accomplishment?

Going back to school has to be a huge one! I did not finish college the first time around, so in January 2006 I went back and completed 84 hours and two recitals in five semesters to get a bachelor's in music performance from Lindenwood. Then I completed a master's of music in performance in two years at Webster. I loved being in school at the same time as my kids, and my middle daughter was at Lindenwood when I was! Once she was in an opera when I was in the pit...that was incredibly special. And we sang in women's chorus together. Now I really love teaching theory at Webster - the faculty, staff, students, the atmosphere. I've also been fortunate to participate in many wonderful masterclasses. The last two summers I've spent a week in South Carolina at a masterclass with Tadeu Coelho...just exceptional. And I've had truly excellent teachers...Paula Kasica, Jan Gippo.

Do you have a favorite practice routine? Can you describe it?

I enjoy many different things when I practice (and I have a very short attention span!). This last year I have loved warming up with the Moyse book, Tone Development Through Interpretation. And I almost always continue warming up with unaccompanied Baroque - I play the Partita through several times a week and lately I've been in the Telemann Fantasies. I also enjoy the Bourgeois and Castereude etudes...just fun and good for what ails you! Of course scales, arpeggios, double-tongueing - all of that stuff has to be visited regularly. I need regular recitals to work toward or I get stalled.



Who are your favorite composers?

I like just about anything (well, I'm not nuts about Wagner...) but in the flute literature, I think the Copland Duo has to be one of the most exquisite pieces ever. Anything Bach but especially the Partita...it's just so perfectly written. And Astor Piazzolla really speaks to me. I can remember where I was the first time I heard his music. I really love most genres, styles, and periods and there is little I really dislike. My next recital in October will be all French: Poulenc, Debussy (Syrinx), Varese, Ibert (Jeux), Dutilleux, and Debussy (trio).

What is your favorite style of music to listen to? to perform?

When I am listening to something for fun, it's almost always classical guitar...Los Angeles Guitar Quartet, Manuel Barrueco, and John Williams. And always, always Astor Piazzolla. I also like Mumford & Sons, Dots Not Feathers, and an Irish band from the U.S. called Bua.

-What do you expect to achieve with the Adult Flute Choir once you take over as director?

I've played in several but have never directed one. So, everyone be nice! ;-) I do have a bit of conducting experience, most recently with the Webster U Chamber Orchestra. Goals? Play good music well! And hope that it's enjoyed by both us and our audience! I am open as far as programming. I recently reorganized the music library and rediscovered some older gems that I don't think have been played in a while...but I am open. I am excited and so looking forward to getting started!

Member Spotlight (cont. from page 3)

Do you have any advice for aspiring flutists?

Take all the opportunities you can! I really learned to play in Wichita Youth Symphony when I was in high school. I didn't have a teacher then because we lived too far away and we couldn't afford it. So every week I sat in this terrific orchestra and soaked in excellent teaching and played great music. I was in KMEA district and state groups and Lions band and stuff like that, but those weren't really consistent enough to make such a difference. Study with the best teachers you can afford, audition for as many groups as your life allows, take all the classes you can, listen to everything you can! There is so much more available now and the level of playing just keeps going up...especially in an area like this, there are so many opportunities. AND, hang out with people who encourage you. Get to know people who have accomplished their goals, listen to what they say, do the hard work, and love what you do. If you don't love it, don't do music - it's one of the hardest things in the world and you need the conviction and passion to carry you through the dark times...because there *will* be some. But there is also great joy.

List any experience that you may have with flute choirs.

I love chamber music and I enjoy the solo literature, but the very best thing is sitting in the middle of an orchestra (playing second next to a really great first!). There is just nothing like it in the world. I am so fortunate to have been in Webster Symphony for three years...Paula Kasica is the principal and she's wonderful. My position is contingent upon student availability, so I don't get to play every concert. But it's the best thing I get to do, no doubt. Over the years I have played in countless community bands, orchestras, flute choirs, churches, musicals (15 at last count), weddings, and even some funerals. I don't think there was ever more than a month or two when I wasn't in a group of some sort...and sometimes three or more. I've also been in some great chamber ensembles including a very good flute/cello/piano trio for five years. And last year the Webster theory faculty played the Barber Summer Music, which was some of the hardest stuff I've played...but an orchestra is just the real deal. There is nothing like it.

Saint Louis Area Teachers:

Shelly Monier

636-375-6205

slmonier@yahoo.com

Saint Peters/Edwardsville, IL

Jan Smith

314-644-6866

jansmithjourney@sbcglobal.net

Webster Groves

Kristi Benedick

702-439-1215

kristi7997@yahoo.com

Saint Peters/Saint Charles

Paula Bernhardt

618-559-6206

paulab08@yahoo.com

Saint Charles/Webster

Lindsey Dyer

314-223-4984

ldyer@siue.edu

Shaffer, Alex

St. Louis, MO 63112

314-852-5099

If you are a current Flute Society of Saint Louis member and would like to be listed as a teacher in this newsletter, please contact Kristi Benedick at kristi7997@yahoo.com.

Carolyn Hoyer

314-739-6633

Webster Groves

Lisa Gilbert

314-606-9374

Webster Groves

Jennifer Garrison Brown

314.772.8341

flutefever@yahoo.com

South County

Molly Walsh Bair

262-490-7244

Molly.bair@gmail.com

St. Charles County

Heather Chu

636.259.6295

band_nut@hotmail.com

Wentzville

Douglas Worthen

618-453-5832

Carbondale, IL

worthen@siu.edu

Wendy Hymes

314-448-2462

Creve Coeur

Amanda Boyer

314-808-4481

Flute_player@hotmail.com

Hillsboro, MO

Nancy Donnelly

314-362-7379

St. Louis, MO 63108

Flute_educator@yahoo.com

Jennifer Toro Mazzoni

314-394-1167

Ballwin, MO 63021

jtmazzoni@yahoo.com

Lisa Smith

314-954-6878

St. Louis, MO 63134

lisas@childcarestl.org

Jan Scott, 314-997-6262

St. Louis, MO

jan@wypstlouis.com

Photo Gallery:

Flute Choir and Guitar Orchestra perform at the 2nd Anual Trivia Night



FSSL Members Perform on the Spring 2011 Members Concert



Classifieds:

For sale: Arista T model head serial number 319, sterling silver with 14k gold lip plate and riser, wonderful brilliant tone, great projection in the low register, and very quick response. Lovingly played for about a year and a half in Webster Symphony and many other performances including the Webster University concerto competition (winner). \$2000. Paula Bernhardt, 618-559-6206 or paulab08@yahoo.com

For sale: Tom Green head serial number 362-6-4, .016 sterling silver with 14k gold riser. Warm tone, fast response, and wonderfully consistent tone and projection throughout the registers. A great upgrade head for an advancing student or a midrange instrument. \$1000. Paula Bernhardt, 618-559-6206 or paulab08@yahoo.com

For Sale: Miyazawa Head joint, Mz-5 heavy wall, sterling silver with platinum riser. This is a great head joint for flutists looking for a consistent, big sound with a rich color palette throughout all the registers. Also, provides a dark, responsive low register. Asking Price: \$1500.00. Contact Shelly Monier, 636-375-6205 or slmonier@yahoo.com

Flute Society Membership Form

September 1, 2011 - August 31, 2012

Please Print Clearly

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____ Age: _____

Occupation: _____

Do You Give Lessons? _____

Please Circle all that apply:

New Member

Renewal

New Address

Flute Society Dues: (Please Check One)

Regular Member \$25.00 _____

Regular Member Early Renewal (Before Oct. 31, 2011) \$20.00 _____

Student (Full-Time) \$12.50 _____ Please list school _____

Student Early Renewal (Before Oct. 31, 2011) \$10.00 _____

Patron \$50.00 _____ Lifetime Member \$500.00 _____

Interests: (check all that apply)

Playing in Youth Flute Choir _____ Playing in Adult Flute Choir _____

Helping with Events _____ Performing in our Concerts _____

Playing informally with other flutists _____

Tax Deductible Donation \$_____

Favorite Events: (check all that apply)

Concerts _____ Lectures _____ Master classes _____

Competitions _____ Other (please specify): _____

Total Amount Enclosed: \$_____

Mail and Make Checks Payable to:

Flute Society of Saint Louis
10140 Pebble Beach Dr.
Saint Louis, MO 63114

